

COVID-19 Information

WHAT IS CORONAVIRUS DISEASE 2019 (COVID-19)?

An illness caused by a newly identified type of coronavirus. It can cause a respiratory illness and lead to severe health problems.

HOW DO PEOPLE GET COVID-19?

COVID-19 is spread from person-to-person. It spreads between people when they are in close contact with one another (within about 6 feet) through droplets from when an infected person coughs or sneezes.

It may also spread when someone touches a surface with the virus on it and then touches their mouth, nose or eyes.

WHAT ARE THE SYMPTOMS?



FEVER



COUGHING

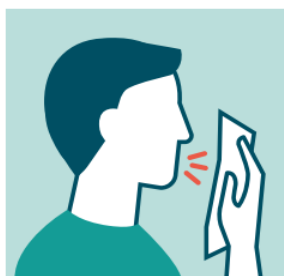


SHORTNESS OF BREATH

PROTECT YOURSELF AND OTHERS



AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK. CLOSE CONTACT = ABOUT 6 FEET.



COVER COUGHS AND SNEEZES. IF YOU USE A TISSUE, THROW IT IN THE TRASH.



AVOID TOUCHING THE EYES, MOUTH, AND NOSE.



WASH YOUR HANDS WITH SOAP AND WATER FOR AT LEAST 20 SECONDS. IF SOAP AND WATER ARE NOT AVAILABLE, USE ALCOHOL-BASED HAND SANITIZER.



REGULARLY CLEAN AND DISINFECT CONTACT SURFACES. THE VIRUS CAN EXIST FOR MANY HOURS ON SURFACES.

WHO IS MOST AT RISK?

Anyone can get this illness.

People at the highest risk are:

- Older Adults
- People with a serious chronic medical condition like:
 - Heart Disease, Diabetes, Lung Disease

IS THERE A VACCINE?

There currently is no vaccine to protect against COVID-19.

IS THERE A TREATMENT?

There is no specific treatment that “cures” COVID-19. People with the disease can get medical care to help relieve symptoms.

For most people the immediate risk of becoming seriously ill from the virus is thought to be low. Those who are in the higher risk groups may be at higher risk for serious complications.

Always talk to a medical professional for treatment.

WHERE CAN I FIND MORE INFORMATION?

There are lots of myths out there about this disease. You can find accurate information here:

www.michigan.gov/coronavirus or www.detroitmi.gov/coronavirus

Call the Michigan COVID-19 Hotline with questions at **888-535-6136**

WHAT SHOULD I DO IF I FEEL SICK?

- Immediately inform a staff member.
- Keep your distance from other people (at least 6 feet).
- Wear a facemask if available. Cover your cough and sneezing.
- Seek medical attention if you experience severe symptoms including:
 - Difficulty breathing
 - Bluish lips or face
 - Persistent pain or pressure in the chest
 - Severe persistent dizziness or lightheadedness
 - New seizures or seizures that won't stop